

The Specials below are available with or without the purchase of a box.

Special #1: 5 lb. Steak Special - \$33

- 3 lb. T-Bone Steaks (4 x 12 oz.)
- 2 lb. Sirloin Steaks (4 x 8 oz.)

Special #2: 6 lb. Chicken Special - \$26

- 2 lb. Honey Mustard Flavored Chicken Breasts (8 x 4 oz.)
- 2 lb. Italian Flavored Chicken Breasts (8 x 4 oz.)
- 2 lb. Chicken Breast Fajita Strips (2 x 1 lb.)

Special #3: Premium Fresh Fruit/Veggie Box - \$24

- | | |
|--------------------------|-------------------------|
| 2 ct. Romaine Hearts | 2 lb. Bag, Apples |
| 4 Baking Potatoes | 1 Golden Ripe Pineapple |
| 2 lb. Bag, Yellow Onions | 1 Cantaloupe |
| 1 lb. Carrots | 3 lb. Bag, Oranges |
| 1 Head, Green Cabbage | 1 lb. Bag, Kiwi Fruit |
| 1 Stalk, Sleeved Celery | 1 (6 pk.) Raisins |
- AFM Fruit and Veggie Recipe Sheet

Bread of Life Signature Box—\$35

- 1.5 lb. Stuffed Chicken Breast Cordon Bleu - filled with Cheese and Ham (4 x 6 oz.)
- 1.5 lb. (avg.) Boneless Pork Roast, Netted with Pop-up Timer
- 1.5 lb. Turkey Burgers (4 x 6 oz.)
- 1.5 lb. (avg.) Perdue Tray Pack boneless Skinless Chicken Breasts
- 2 lb. Lasagna with Meat Sauce
- 1 lb. Redwood Smoked Sausage
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 1 lb. Ground Turkey
- 24 oz. Crispy Thin Cut Fries
- 1 lb. Shoepeg White Corn
- 1 lb. Julienne Carrots
- 1 lb. Sugar Snap Peas
- 1 lb. Cut Green Beans
- 1 lb. Butternut Squash
- 1 lb. 3-Way Veggie Blend
- 1 lb. Mixed Cut Yellow Wax Beans

Bountiful Blessing Box - \$46

- 1.5 lb. Stuffed Chicken Breast Cordon Bleu - filled with Cheese and Ham (4 x 6 oz.)
- 1.5 lb. (avg.) Boneless Pork Roast, Netted with Pop-up Timer
- 1.5 lb. Turkey Burgers (4 x 6 oz.)
- 1.5 lb. (avg.) Perdue Tray Pack boneless Skinless Chicken Breasts
- 2 lb. Gourmet Dining Chicken Fried Rice Stir Fry Meal
- 1 lb. Seasoned Chicken Kabobs (4 x 4 oz.)
- 2 lb. Lasagna with Meat Sauce
- 1 lb. Redwood Smoked Sausage
- 1 lb. 80/20 Lean Ground Beef
- 1 lb. Ground Chicken
- 1 lb. Ground Turkey
- 1 lb. Sliced Bacon
- 1 lb. Winter Blend (Broccoli & Cauliflower)
- 1 lb. Brussels Sprouts
- 24 oz. Crispy Thin Cut Fries
- 1 lb. Shoepeg White Corn
- 1 lb. Julienne Carrots
- 1 lb. Sugar Snap Peas
- 1 lb. Cut Green Beans
- 1 lb. Butternut Squash
- 1 lb. 3-Way Veggie Blend
- 1 lb. Mixed Cut Yellow Wax Beans
- 12 oz. Gourmet Brownies (4 x 3 oz.)

Shelf Stable Pantry Box—\$21

Great for stocking pantry & disaster relief!

- 10 oz. Canned Chicken (2 x 5 oz.)
- 28 oz. Canned Tomatoes
- 12 oz. Peanut Butter
- 19 oz. Grape Jelly
- 2 lb. Pasta (2 x 1 lb.)
- 1 lb. Rice
- 1 lb. Dry Beans
- 16 oz. Pancake Mix
- 14 oz. Blueberry Muffin Mix
- 6 oz. Breakfast Cereal
- 64 oz. 2% Shelf-Stable Milk (2 x 32 oz.)

SEPTEMBER 2011



IF YOU EAT, YOU QUALIFY!
\$70 worth of quality, nutritious food for \$35!

Angel Food Ministries is a non-profit, non-denominational organization dedicated to providing food for individuals and families at a reasonable price.

Are you ready to order?

Fast & Flavorful Cuisine - \$29

Convenience meals great for seniors and people living with diabetes.

- | | |
|--------------------|--------------------------|
| Mesquite Chicken | Spaghetti & Meatballs |
| Fettuccini Alfredo | Pork Patty w/BBQ Sauce |
| Lemon Pepper Fish | Beef Stew |
| Macaroni & Beef | Sweet & Sour Chicken |
| Fiesta Chicken | Omelet with Pork Sausage |

Allergen Free Food Box

TEMPORARILY DISCONTINUED

Bit O' Blessing Box

TEMPORARILY SUSPENDED

Just 4 Me - No Child Goes Without - \$25

- 2 (5 oz.) Canned Chicken
- 1 (7.5 oz.) Beans & Wieners
- 1 (7.5 oz.) Cheezy Mac 'N Cheese
- 1 (7.5 oz.) Mini Beef Ravioli
- 1 (7.5 oz.) Spaghetti and Mini Meatballs
- 1 (7.5 oz.) Cheezy Mac & Franks
- 1 (7.5 oz.) Noodle Rings & Chicken
- 7 (1 oz.) Cereal Bowls
- 12 oz. Peanut Butter
- 19 oz. Grape Jelly
- 24 oz. Applesauce (6 x 4 oz.)
- 16 oz. Fruit Cups (4 x 4 oz.)
- 6 (1.38 oz.) Fruit & Grain Bars
- 3 (.85 oz.) Crispy Rice Bars
- 32 oz. 2% Shelf-Stable Milk

Discount Family Basket—\$35

Quantities are limited!

- 4 lb. Chicken Leg Quarters
- 3 lb. Pork Roast
- 3 lb. 80/20 Ground Beef
- 3 lb. Pinto Beans
- 2 lb. Black Beans
- 3 lb. Rice
- 2 lb. Sliced Carrots
- 2 lb. 3-way Vegetable Blend—Carrots, Beans & Corn



Just 4 Me - After School Box—\$25

Quick and easy snacks for after school or any time!

- 2 lb. Fully Cooked Chicken Tenders
- 3 (5.7 oz.) Fully Cooked Hamburgers
- 2 (8 oz. pkg.) Corn Dogs
- 24 oz. French Fries
- 2 (5 oz.) BBQ Sandwiches
- 2 (5 oz.) Chicken Biscuits
- 2 (5 oz.) Sausage Biscuits
- 4 (2.8 oz.) Peanut Butter & Jelly Jamwiches
- 4 (2 oz.) PBJ on Graham Wafers
- 2 (3 oz.) Grilled Cheese Sandwiches
- 4 (3.25 oz.) Chocolate Non-Fat Frozen Yogurt

Just 4 Me - After School Fruit & Veggie Box - \$17

- | | |
|----------------|---------------------------|
| 3 Red Apples | 1 Stalk, Sleeved Celery |
| 3 Green Apples | 1 lb. Mini Peeled Carrots |
| 3 Pears | 1 (6 pk.) Apple Sauce |
| 3 Oranges | 1 (6 pk.) Raisins |
- 1 (8 oz.) Trail Mix

SEPTEMBER 2011



GENERAL INFORMATION

DISTRIBUTION DAY PICK-UP

NOTICE—EARLY PICK-UP TIME

SATURDAY 9/24, 8:00am - 9:30am

- Bring your receipt –boxes pre-packaged.
- AFM reserves the right to substitute any of the menu items due to availability, cost or quality.
- Food not picked up by 9:30 a.m. may be donated.
- Pick-up times are in effect as long as the delivery truck is on schedule. Please be flexible in the event of any delay. Please ensure that your contact information is current so that we can notify you in the event of any changes.

PERSONAL CHECK POLICY

Since Angel Food Ministries, Inc. does not accept personal checks from customers, the St. James host site has adopted this as a policy. We apologize in advance for any inconvenience this may cause. Cash, money orders and Food stamps are acceptable forms of payment.

FOOD STAMPS (EBT or SNAP)

Angel Food helps families/individuals stretch their Food Stamp benefits further. Buy the food your family needs for good nutrition at a low cost. Food stamp payments are not accepted online and must be placed in person.

3 Ways to Order

ORDERS & PAYMENT DUE
Saturday, September 10th at 11:30am

ONLINE

http://www.angelfoodministries.com/host.asp?id=3742
Credit/Debit Cards only. There is a \$2.00 convenience fee for online orders.

IN PERSON

Required when using Food Stamps (EBT).
St. James United Methodist Church
5540 Wayne Ave
Kansas City, MO 64110
(See order dates/times below)

BY MAIL

Complete the form on the right and mail to the address above. We assume no responsibility for mail delays. A receipt will be mailed to you.

NEED MORE INFORMATION?

816-444-5588

www.stjamesumc.com/ministries/angelfood
afm@stjamesumc.com

SEPTEMBER 2011 AFM Order

Please complete and return the form below along with your payment. Money orders should be made payable to St. James UMC. Food stamp orders must be placed in person.

Name _____

Address _____

City _____

State _____ ZIP _____

Phone _____

Alt. Phone _____

Email _____

Ordered before? Yes No

If no, how did you learn of AFM? _____

	QTY
Signature Box	_____ x \$35 = _____
Fast & Flavorful Cuisine	_____ x \$29 = _____
Bountiful Blessing Box	_____ x \$46 = _____
Discount Family Basket	_____ x \$35 = _____
Shelf Stable Pantry Box	_____ x \$21 = _____
After School Snack Box	_____ x \$25 = _____
No Child Goes Without	_____ x \$25 = _____
After School Fruit & Veggies	_____ x \$17 = _____
#1 5 lb. Steak Special	_____ x \$33 = _____
#2 6 lb. Chicken Special	_____ x \$26 = _____
#3 Fresh Fruit & Veggie Box	_____ x \$24 = _____
Total _____	

In my absence, this person can pick up my order:

Name _____

Phone _____

Order and Distribution Dates

Month	On-Site Orders	Online Order Deadline	Distribution Date
September 2011	Wed. 8/31, 9/7 5:30-7:00pm Sat. 8/27, 9/3, 9/10 9:30-11:30am	Sun. 9/18 by 10:59 pm CST	Sat. 9/24, 8:00am-9:30am
October 2011	Wed. 10/5, 10/12 5:30-7:00pm Sat. 9/24, 10/8, 10/15 9:30-11:30am	Sun. 10/23 by 10:59 pm CST	Sat. 10/29, 8:00am-9:30am
November 2011	Wed. 11/2 5:30-7:00pm Sat. 10/29, 11/5 9:30-11:30am	Sun. 11/13 by 10:59 pm CST	Sat. 11/19, 8:00am-9:30am